



Garment Ease



Basics on Determining Ease in a Garment

WEARING EASE*** Amount added to the body measurement to allow for breathing room, movement, and comfortable sitting.

Dresses/Blouses (woven fabric)

Shoulder length	1/2 inch
Bust	2-3 inches
Waist	1-2 inches
Full hip	2-3 inches
Back waist length	1 inch
Sleeve length	1/2 inch
Upper arm (bicep)	1 1/2 - 2 inches
Extend crossback	1/2 inch

Jackets (woven fabric)

Shoulder length	1/2 - 1 inch
Bust	3-4 inches
Waist	3-4 inches
Full hip	3-4 inches
Back waist length	1 inch
Sleeve length	1/2 - 1 inch
Upper arm (bicep)	2 inches
Drop armhole	1-2 inches
Extend crossback	1/2 inch

Coats (woven fabric)

Shoulder length	3/4 - 1 1/4 inches
Bust	5-8 inches
Waist	5-8 inches
Full hip	5-8 inches
Back waist length	1 inch
Sleeve length	1 inch
Upper arm (bicep)	2 inches
Drop armhole	2-3 inches
Extend crossback	3/4 inch

DESIGN EASE Added fullness to create style lines intended by the designer.

NEGATIVE EASE No ease or lesser ease as determined by the stretch in fabrics (i.e knits, activewear, and swimwear)

These Guidelines can vary according to personal preference and weave of the fabric