



# Measurement Chart

## with 20 Essential Measurements

Record measurements below:

- 1 \_\_\_\_\_ **Neckline Circumference**  
*Measure around the base of the neck as created by a necklace or chain draped around a neck*
- 2 front \_\_\_\_\_ back \_\_\_\_\_ **Center bodice length**  
*Measure in a straight line from the base of the neck to the waist at center front and center back*
- 3 front \_\_\_\_\_ back \_\_\_\_\_ **Full bodice length**  
*Measure from the side-neck point in a straight line, going over the bust point to the waist line*
- 4 front \_\_\_\_\_ back \_\_\_\_\_ **Chest/back width**  
*Measure between armholes, keeping tape parallel to the floor*
- 5 front \_\_\_\_\_ back \_\_\_\_\_ **Shoulder point width**  
*Measure in a straight line between the shoulder points at the top of the armhole*
- 6 front \_\_\_\_\_ back \_\_\_\_\_ **Shoulder width**  
*Measure from the side-neck base to the shoulder point*
- 7 front \_\_\_\_\_ back \_\_\_\_\_ **Shoulder slope**  
*Measure from the shoulder point to the waistline center in a straight diagonal line*
- 8 \_\_\_\_\_ **Full bust circumference**  
*Measure the body circumference by stretching tape across the fullest part of the bust*
- 9 \_\_\_\_\_ **Upper bust circumference**  
*Measure the body circumference above the bust, with the tape positioned under the top of the armpit*
- 10 \_\_\_\_\_ **Under bust circumference**  
*Measure the body circumference below the bust*

## Measurement Chart with 20 Essential Measurements pg. 2

Record measurements below:

- 11 \_\_\_\_\_ **Waist circumference**  
*Measure the circumference of the natural waist (bend side to side to determine the waistline)*
- 12 \_\_\_\_\_ **Hip circumference**  
*Measure the body circumference around the fullest part of the hips*
- 13 \_\_\_\_\_ **Arm length**  
*Measure from shoulder point to the elbow, then continue measuring from the elbow to just below wrist bone*
- 14 \_\_\_\_\_ **Upper arm circumference**  
*Measure around biceps at the upper arm midpoint*
- 15 \_\_\_\_\_ **Armhole depth**  
*Measure from shoulder point to top of a ruler that is horizontally placed high up under the arm*
- 16 \_\_\_\_\_ **Leg outer seam length**  
*Measure from the side waist to the given pants hem placement*
- 17 \_\_\_\_\_ **Leg inseam length**  
*Measure from lowest part of the crotch, along one leg, to the given pants hem placement*
- 18 front \_\_\_\_\_ back \_\_\_\_\_ **Crotch length**  
*Measure from waistline center point to crotch point*
- 19 \_\_\_\_\_ **Crotch depth**  
*Sitting on a flat chair, measure from the waistline to the chair seat*
- 20 front \_\_\_\_\_ back \_\_\_\_\_ **Waist to floor length**  
*Measure perpendicular distance from the waistline to the floor at center front and center back*